

Cut along dotted line (US Size 5x7 inches)

From the Byzantine Liturgy

Prayer Before Holy Communion

O Lord, I believe and profess that you are truly Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. Accept me as a partaker of your mystical supper, O Son of God; for I will not reveal your mystery to your enemies, nor will I give you a kiss as did Judas, but like the thief I confess to you: Remember me, O Lord, when you shall come into your kingdom. Remember me, O Master, when you shall come into your kingdom. Remember me, O Holy One, when you shall come into your kingdom. May the partaking of your Holy Mysteries, O Lord, be not for my judgment or condemnation, but for the healing of soul and body. O Lord, I also believe and profess that this, which I am about to receive, is truly your most precious Body and your life-giving Blood, which, I pray, make me worthy to receive for the remission of all my sins and for life everlasting.

Amen.

Prayer said after receiving Holy Communion

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
In the hour of my death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee.

Amen.